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A-CHANNEL**

New Season!
SUPERNANNY



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**MORNING**

LONDON, WINDSOR, WINGHAM

COMING UP ON:**Monday, April 14th, 2008**

MON TUE WED THU FRI

Bruce Langford will show us how interactive presentations can help kids combat cyber-bullying.

www.standupnow.ca

We'll look at a new trend in footwear.. foot lingerie.

Tootsie Shoppe-
www.tootsieshoppe.com
647-866-5747

Freedom Flights is an organization that rescues birds, and treats all of them for disease. Avian vet Dr. Shawn Tucker will tell us about the program and introduce us to some exotic birds.

www.freedomflights.ca
519-393-6825

Chris Robb of the Health & Wellness Action Plan for Seniors has some exercise tips.

His spring rejuvenation program starts on May 1st and is for people 55 and older.

www.hwactionplan.com
519-777-2022

Houida is at Pilates Integration at 3395 Howard Avenue in Windsor.

www.pilatesintegration.ca
519-250-5552

And Bevin checks out the cool tools at Lee Valley.

www.leevalley.com



READ OUR BLOG

A-Channel Morning is Southwestern Ontario's number one breakfast show. Broadcast live from the heart of downtown London and throughout Southwestern Ontario, A-Channel Morning focuses on all things local, to the first hard news and weather information of the day.

What Was On: **Friday, April 11th, 2008**

We looked at the dolls created by Canadian company Maplelea Dolls. We also gave away one of the dolls.

www.maplelea.com

We got a performance from the C.C. Carrothers Drum Club.

Dr. John Izzo is the author of *The Five Secrets You Must Discover Before You Die*.

He talked to us about his book.

www.theizzogroup.com

Dr. Malcolm Arnold, a cardiologist with the London Health Sciences Centre explained chronic heart failure.

Bevin got into golf mode at Bob Martin's Practice Facility.

3341 Wonderland Road S., London

519-652-1162

www.bobmartinsgolf.com

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